

GOURMET DIP MIX

NET WT 1.75 OZ (49g)

Simple to prepare! Ingredients needed:

- » Bacon & Cheddar Cheesespread Mix
- » 8 oz. cream cheese, softened
- » 8 oz. sour cream
- » 8 oz. soft cheddar cheesespread or 8 oz. shredded cheddar cheese

You may use lowfat or nonfat products with this mix, although results may vary.

Complete directions and recipe inside.

Ingredients: bacon bits (textured vegetable protein [soy flour, caramel color, red 3], soybean salad oil, salt, natural flavoring, hydrolyzed corn-soy-wheat protein), onions, bell peppers, spices and coloring, salt, autolyzed yeast extract, garlic, dehydrated vegetables (celery, spinach, carrot), palm oil, maltodextrin, natural flavors, trace sugars & sulfiting agents.

Contains: soy, wheat, sulfites

Distributed By: ICC Global Trade, LLC PO Box 10992 Lancaster, PA 17605 United States of America www.lancasterfresh.com



Nutrition Facts

Serving Size 2 Tablespoons (27g) Servings Per Container about 27

Amount Per Serving	Mix	with added ingredients
Calories	8	89
Calories from Fat	1	68
	% Daily Value**	
Total Fat Og*	0%	12%
Saturated Fat 0g	0%	25%
Trans Fat Og	-	and the second
Cholesterol Omg	0%	7%
Sodium 73mg	3%	6%
Total Carbohydrate 1g	0%	0%
Dietary Fiber Og	0%	0%
Sugars Og	-	1240-000
Protein 1g	1	1997 - 1993
Vitamin A	1%	2%
Vitamin C	2%	2%
Calcium	1%	8%
Iron	0%	0%
*Amount in Bacon Cheddar Cheesespread Mix . Added ingredients contribute an additional		

Added ingredients contribute an additional 81 calories, 8g total fat, 5g saturated fat, 0g trans fat, 22mg cholesterol, 81mg sodium, 1g total carbohydrate (0g sugar), 3g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

BACON & CHEDDAR CHEESESPREAD MIX™

Ingredients needed:

- » Bacon & Cheddar Cheesespread Mix
- » 8 oz. cream cheese, softened*
- » 8 oz. sour cream
- » 8 oz. soft cheddar cheesespread** or 8 oz. shredded cheddar cheese

You may use lowfat or nonfat products with this mix, although results may vary.

*Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.

**Soft cheddar cheesespread is sold in 8-oz. or 16-oz. tubs in dairy section. Brand names you might look for are: Kraft Kracker Barrel®, KauKauna® or you may also use Cheez Whiz®. You cannot serve as a cheeseball if you use Cheez Whiz®.

Directions:

Blend cream cheese, sour cream and cheesespread. Add entire packet of mix. Chill overnight or a minimum of 4 hours. Serve with crackers, pretzels, vegetables or potato chips. May also be formed into a cheeseball. Delicious stuffed into celery, served with bagels or as a topping for baked potatoes. If you use shredded cheese, add a small amount of milk (approximately 2 Tablespoons) to make mixing easier.

BACON & CHEDDAR CHEESE MASHED POTATO CASSEROLE

Ingredients needed:

- » 1 packet Bacon & Cheddar Cheesespread Mix
- » 8 cups prepared instant mashed potatoes (or 8 cups real mashed potatoes)
- » 2 Tablespoons butter or oleo, softened
- » 1 cup sour cream (8 oz.)
- » 2 cups shredded cheddar cheese, reserve 1/2 cup of cheese for garnish

Directions:

Preheat oven to 350°. Grease bottom of 9x9-inch glass casserole dish. Make enough instant mashed potatoes for 8 cups serving according to the directions on box. You may also use 8 cups REAL mashed potatoes. Add remaining ingredients (remember to set aside 1/2 cup of shredded cheese) and mix well. Spread potato mixture into greased casserole dish. Sprinkle 1/2 cup cheese over top and bake until browned and bubbly, approximately 20 minutes. Allow to set 5 minutes before serving.